

## Food Antigens

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|----------------------|-----------------|-------------------------|-------------------|--------------------------|
| agar                 | buckwheat       | cocoa                   | european perch    | horseradish              |
| alfalfa              | butter          | coconut                 | fallow deer       | horta                    |
| allspice             | buttermilk      | coconut milk            | fennel            | hot pepper green         |
| almond               | button mushroom | cod                     | fig               | hot pepper red           |
| aloe vera            | calf's liver    | coffee                  | flax seed         | iceberg lettuce          |
| amaranth             | camembert       | coke                    | garden cress      | indian fig               |
| anchovy              | canderel        | common shrimp           | garlic            | iridescent shark-catfish |
| angler               | cape gooseberry | coriander               | gelatin           | jerusalem artichoke      |
| anise                | caper           | corn salad              | gilthead seabream | juniper berry            |
| appenzeller          | carambola       | cottage cheese          | ginger            | kaki                     |
| apple                | caraway         | courgette               | gliadin           | kale                     |
| apricot              | cardamom        | cowberry                | glutamate         | kamut                    |
| artichoke            | carob           | cow's milk              | goat              | kapuisto tiri            |
| asparagus            | carp            | cranberry               | goat cheese       | kaseri                   |
| avocado              | carrageenan     | crayfish                | goat's milk       | kefalotyrah              |
| baker's yeast        | carrot          | cream                   | golden syrup      | kefir                    |
| baking powder        | casein          | cream cheese            | goose             | kiwano                   |
| bamboo               | cashew nut      | cucumber                | gooseberry        | kiwi                     |
| banana               | cauliflower     | cumin                   | gouda             | kolanut                  |
| barley               | caviar black    | curd                    | granadilla        | kumquat                  |
| basil                | caviar red      | curry                   | grape red         | $\alpha$ -lactalbumin    |
| batata               | cayenne pepper  | cuttlefish              | grape white       | lactoferrin              |
| bay leaf             | celery          | damson                  | grapefruit        | $\beta$ -lactoglobulin   |
| bear's garlic        | cep             | dandelion               | graviera          | lamb                     |
| beef                 | chamomile       | dark chocolate          | gruyere cheese    | leek                     |
| beetroot             | chanterelle     | date                    | guar gum          | leerdam cheese           |
| bell pepper          | chard           | desert indianwheat      | guava             | lemon                    |
| black currant        | cheddar         | dill                    | gum karaya        | lemon balm               |
| black eyed pea       | cherimoya       | duck                    | haddock           | lemon soda               |
| black radish         | cherry          | east african land snail | hake              | lemon verbena            |
| black salsify        | chervil         | edam                    | halibut           | lemongrass               |
| blackberry           | chestnut        | eddo                    | hare              | lentil                   |
| blue mold cheese     | chick pea       | edible snail            | haw               | lettuce                  |
| blue mussel          | chicken         | eel                     | hawthorn          | lime                     |
| blueberry            | chicory         | egg replacement powder  | hazelnut          | lime blossom             |
| borage               | chili           | egg white               | hemp flour        | liquorice                |
| brazil nut           | chinese cabbage | egg yolk                | herring           | lobster                  |
| brewer's yeast       | chive           | eggplant                | honey acacia      | locust bean gum          |
| broccoflower         | chlorella       | elderberry              | honey clover      | lollo rosso              |
| broccoli             | cinnamon        | emmental                | honey rape        | lovage                   |
| brook trout          | clementine      | emmer                   | honeydew melon    | lukumia                  |
| brussels sprout      | clove           | endive                  | hop               | lupin                    |
| buck's horn plantain | coalfish        | European cantaloupe     | horse             | lychee                   |

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| lysozyme             | orange soda     | potato            | seabuckthornberry   | tofu                |
| macadamianut         | oreagno         | prawn             | semolina            | tomato              |
| mackerel             | ostrich         | processed cheese  | sesame              | tragacanth          |
| maize                | ovalbumin       | pumpkin           | shallot             | triticale           |
| maize meal           | ovomuroid       | pumpkin seed      | sheathed woodtuft   | trout               |
| mallow               | ovotransferrin  | quail             | sheep's milk        | tuna                |
| malt                 | oyster          | quince            | sheep's milk cheese | turbot              |
| mandarin             | oyster mushroom | quinoa            | shiitake            | turkey              |
| mangelwurz           | palm heart      | rabbit            | shrimps             | turmeric            |
| mango                | papaya          | radicchio         | sloe                | turnip cabbage      |
| mangosteen           | paprika         | raisin            | snap pea            | turshi              |
| manioc               | parmesan        | rape seed         | sole                | unripe spelt grains |
| maple syrup          | parsley         | raspberry         | sorrel              | vanilla             |
| mare's milk          | parsley root    | red bean          | sour cherry         | veal                |
| marigold             | parsnip         | red cabbage       | soy grain           | venison             |
| marjoram             | passion fruit   | red currant       | soybean             | venus clam          |
| marzipan             | pastirma        | red deer          | soymilk             | wakame              |
| mate                 | pea             | red mullet        | spelt               | walnut              |
| milk chocolate       | peach           | red radish        | spinach             | watermelon          |
| millet               | peanut          | red tea           | spined loach        | wels catfish        |
| mirabelle plum       | pear            | retsina           | spiny lobster       | wheat               |
| mistletoe leave      | pecan nut       | rhubarb           | spirulina           | whew                |
| mistletoeberry       | pectin          | rice              | squid               | white bean          |
| morel                | pepino          | ricotta           | starch              | white cabbage       |
| mozzarella           | pepper black    | rocket            | sticky bun          | white chocolate     |
| mugwort              | pepper green    | romaine lettuce   | stinging nettle     | whole egg           |
| mung bean            | pepper white    | roquefort         | strawberry          | wild boar           |
| mustard seed         | peppermint      | rosefish          | string bean         | wild rice           |
| nashi                | pheasant        | roselle           | sugar beet molasses | wine leave          |
| nectarine            | pigeon          | rosemary          | sultana             | wine red            |
| nile tilapia         | pike            | rye               | sunflower seed      | wine white          |
| noni                 | pine nut        | safflower oil     | swedish turnip      | woodruff            |
| nori                 | pineapple       | saffron           | swordfish           | wormwood            |
| North Am. cantaloupe | pistachio       | sage              | tapioca             | yam                 |
| nutmeg               | pitaya yellow   | Saint John's wort | tarragon            | yellow bean         |
| oat                  | plaice          | salmon            | tea black           | yogurt              |
| octopus              | plantain        | sardine           | tea green           | zander              |
| okra                 | plum            | sauerkraut        | tea white           |                     |
| olive black          | pointed cabbage | savory            | teff                |                     |
| olive green          | pomegranate     | savoy cabbage     | thyme               |                     |
| olive oil            | pomelo          | scallop           | tiger nut           |                     |
| onion                | poppy seed      | sea bass          | tilsit cheese       |                     |
| orange               | pork            | sea lamprey       | tobacco             |                     |